

Quarantine Bingo

Participated
in a Peer
Health
Exchange
Virtual
Hangout

Got ready
for no
reason

Did a
workout
online

Binge-watched
a series

Found a
new hobby

Cleaned
multiple
times a
day

Rearranged
a room

Dyed/cut
your hair

Ate breakfast
for lunch (not
brunch)

Participated in
a Netflix Party
with friends

Learned
a TikTok
dance

Hung out with
friends over
FaceTime

**Practice
Social
Distancing!**

Took a walk
around your
neighborhood

Listened
to music

Slept in

Stayed in
pajamas
all day

Did a
face
mask

Fell down
a YouTube
rabbit hole

Learned
to cook a
new dish

Downloaded
a new app

Read a
book

Scrolled
through social
media

Watched
a favorite
movie

Memorized
a song