

Quarantine Bingo

Participated
in a Peer Health
Exchange
Virtual Hangout

Got
ready for no
reason

Did a
workout
online

Binge-watched
a series

Found a
new hobby

Cleaned
multiple
times a day

Rearranged
a room

Dyed/cut
your hair

Ate breakfast
for lunch (not
brunch)

Participated in
Netflix Party
with friends

Learned
a TikTok
dance

Hung out with
friends over
FaceTime

**Practice
Social
Distancing!**

Took a walk
around your
neighborhood

Listened
to music

Slept in

Stayed in
pajamas all
day

Did a face mask

Fell down
a YouTube
rabbit hole

Learned
to cook a
new dish

Downloaded
a new app

Read a
book

Scrolled
through social
media

Watched a
favorite
movie

Memorized
a song