

#ShowUp BINGO

HOW DO YOU SHOW UP FOR YOUR FRIENDS WHILE
SOCIAL-DISTANCING?

Contactless
Handshake
Online

Go On
Instagram Live
Together!

Invite Them To
Games Online

Share Favorite
Moments/
Memories

Cook Dinner
Together/
Zoom Cooking
Class

Netflix Party

“Roses Are
Red, Violets
Are Blue...”
poems

Webquest/
Online
Scavenger
Hunts

Art Collage

Do
Assignments
Together

Watch Videos/
YouTube
together

Share Your
Favorite
Memes

Self-Care!

Send Them
Something
Small

Tell Them
Something
Motivational

Bake Together

Send A Dad
Joke (All The
Dad Jokes!)

Writing
Together

Sing Along
To Favorite
(Disney)
Songs

Send Them
A Text

Share
Names Of
Good Shows

Paint Together

Zoom Dance
Party

TikTok Duet

Just Talk