Types of Sex

VAGINAL SEX
Insertion of a penis into a vagina

ANAL SEX
Insertion of a penis or object into an anus

GENITAL-TO-GENITAL CONTACT
When one person’s genitals touch or rub against another person’s genitals

HAND-TO-GENITAL CONTACT
When a person uses their hands or another object they are holding to touch their own or another person’s genitals

ORAL SEX
The use of the mouth, lips, or tongue on the genitals